

Art Made Man through art therapies and handicraft



FOURTH
COORDINATION
MEETING
- KAUNAS -
5 - 6 MARCH 2012



In Kaunas, Lithuania, the partnership met for the fourth coordination meeting, hosted by the colleagues of the "Social Innovation Fund". During this meeting, was presented the State of the art of the project progress. Many important points were discussed, such as dissemination activities, evaluation and quality control and monitoring. All partners realised a practical session on AMM Virtual knowledge base: a collaborative wiki space to share the AMM methodology online with Art Therapy professionals, practitioners and social workers.

All partners reported that the first Module from the integrated methodology — dance movement therapy sessions—successfully finished: all partners shared their experience about these sessions, and next steps.

This moment of fruitfully sharing of ideas, led to an important moment of brainstorming on the realization of the handbook "The integrated approach to the socio-professional inclusion" and in general on the exploitation activities.

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SUCCESSFUL STORIES FROM THE PROJECT PARTNERS



DANCE THERAPY — A DIARY OF A GREAT EXPERIENCE RE.LEG.ART, ITALY

Today marks the beginning of the new dance therapy program for all member of RE.LEG.ART.

Brimming emotion from the very start, the kids arrived in their track suits, all very keen to begin this new experience. They chatted and outlined their expectations during the entire day...the excitement was tangible and the atmosphere very charged!



Today's the turn of musical instruments, a novelty that everyone welcomes with enthusiasm.

Claudio played guitar and had also brought his own personal plectrum from home. Everyone else mainly played percussion instruments, such as the triangle, the bongos, and tambourines, Roberto's favorite.



The elastic rope with which we work this time is brilliant and we all have great fun, expressing our imagination and making great room for physical play.

Resting will be good for everyone!

At the end of this final session, we all sit in a circle and Carolina asks us to share with the group our favorite aspect of the experience.



SUCCESSFUL STORIES FROM THE PROJECT PARTNERS



AMM SESSIONS IN BULGARIA EURO -TRAINING, BULGARIA

From 16 January 2012 in the Day Center "Sveti Kozma and Damian" in the city of Stara Zagora, Bulgaria with a great success started the sessions from the second Module: Art Therapy from the EU GRUNDTVIG project "Art Made Man".



The target group is people with psychiatric disorders. All participants work very enthusiastic, collaborative and experience some new "techniques". The sessions are led from the art therapists.

One of the participants is Petya Bakalska likes very much art and she makes great efforts even after the sessions at home.



The great news is that Petya participates in the annual city art exhibition for young painters in Stara Zagora.



SUCCESSFUL STORIES FROM THE PROJECT PARTNERS



PHOTO STORY FROM POLISH DANCE WORKSHOPS KZRSIISN, POLAND

From December 2011 till January 2012 took place in Warsaw Dance and movement sessions.

Sessions were organized in Vocational Therapy Workshop "Na Przedwiośniu" and were lead by therapist and trainers acquainted with integrated approach. Beneficiaries of this workshop were mentally disabled people.



Soon after beginning of the session, participants starts to feel comfortable and full of cooperation. Conducting of the scenarios for each session allows to create a bond between participants and trainers.

This cooperation was the key of fulfilling the main goal of Dance session - creating "the team"

Special pillows were very useful to some of the exercises. Exercises were conducted barefoot, but we supplied participants with thick socks in same color.

Some of the activities were lead in pairs...



Some gives a lot of fun and joy to participants.

SUCCESSFUL STORIES FROM THE PROJECT PARTNERS



TAMAT'S STORY STARTS WITH A TEA TAMAT, ITALY

TAMAT story starts with a tea at the "Consulta degli immigrati": Who we are? What's AMM? ...
Our laboratories aim at testing the new ART MADE MAN (Grundtvig project, co-financed by EACEA) methodology which integrates dance movement therapy, art therapy and craft techniques for the empowerment of personal and technical skills.



Do you want to join us?

It was so that our laboratories started on January 2012: a mixed group of migrant and refugee women. Some from East Europe, some from Africa and some... from Italy!

Our dance movement session, has been held by the therapist Elisabetta Forghieri, in her studio in the old town in Perugia. Here are some photos from our 3rd and 4th sessions during which we had been working with new techniques allowing to analyze the group cohesion!



Everybody, at the end of the sessions, expressed her own feeling writing or telling to each other how they appreciated them!



Our group had to deal with different obstacles: we are not talking the same language, we have different backgrounds and cultures but the group had been able to improve the internal communication and integration.

For all, the laboratories represent an opportunity to create integration by sharing customs and traditions....AND TO LEAVE BEHIND PROBLEMS OF EVERY DAY LIFE!!!



SUCCESSFUL STORIES FROM THE PROJECT PARTNERS



AMM VIRTUAL KNOWLEDGE BASE D-O-T, SPAIN



AMM Virtual knowledge base: a collaborative wiki space to share the AMM methodology online with Art Therapy professionals, practitioners and social workers.

The AMM Virtual knowledge base is aimed to share knowledge and resources about learning and empowering Art Therapy methodologies that integrates DANCE MOVEMENT, ARTS and HANDICRAFT with a social inclusion purpose.

It consists on a wiki space where the interested community of actors will be able to consult different methodologies and at the same time add their owns. It is worth mentioning that the wiki's star resource will be AMM integrated methodology, tested along this 2-years project.

Easy instructions are provided in the wiki's home page to enable participation, offering also the possibility of getting online support (helpdesk and technical support, if required) which is available during the project life to facilitate the upload of new contributions.

The available resources can be very diverse: any tool, book, video, link, document, in sum any kind of material that can be helpful and useful for professionals interested in the therapeutic dimension of Art can be shared through this wiki space. Resources are at user's disposal in different source languages; however, translations to English facilitate the reusability of resources by others, and therefore are strongly encouraged.

Wiki-spaces as the AMM Virtual knowledge base can become easily sustainable on time by the community of users, and our work now is to stimulate the community of Art Therapy professionals, practitioners and social workers to share good resources and materials.



To visit the wiki, please check: <https://artmademan.wikispaces.com/>